



International
Relief Teams

2024 ANNUAL REPORT

Dear Friends,

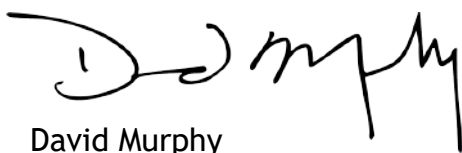
I am honored and excited to serve as the new CEO of International Relief Teams. Every day, I am inspired by the dedication of our staff, volunteers, partners, and supporters like you—who step up in times of crisis and help families regain stability. Your commitment makes our life-saving work possible, and I am grateful to be part of this mission.

Last year tested us all—from the devastation of Hurricane Helene to the worsening famine in Sudan, intensifying an already dire humanitarian crisis. Through it all, International Relief Teams remained steadfast, delivering emergency aid where it was needed most and sustaining long-term programs that provide food, clean water, medicine, and shelter to vulnerable families.

But the work is far from over. As we move forward, we are focused on expanding our reach and ensuring that families caught in crisis have a path to recovery. Your generosity fuels this mission. Whether you've been with us for years or are just learning about International Relief Teams, your support is the difference between suffering and relief, between despair and hope.

Thank you for standing with us. Together, we are bringing relief, stability, and hope to those who need it most.

Sincerely,



David Murphy
Chief Executive Officer
International Relief Teams





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WHO WE ARE

International Relief Teams is a humanitarian nonprofit dedicated to easing suffering caused by poverty, disaster, and neglect—both in the United States and globally.



WHAT WE DO

We deliver swift and critical aid following disasters and conflict, while implementing long-term programs that offer food, water, medicine and shelter. Our mission is to help vulnerable families regain stability and rebuild their lives.

OUR APPROACH

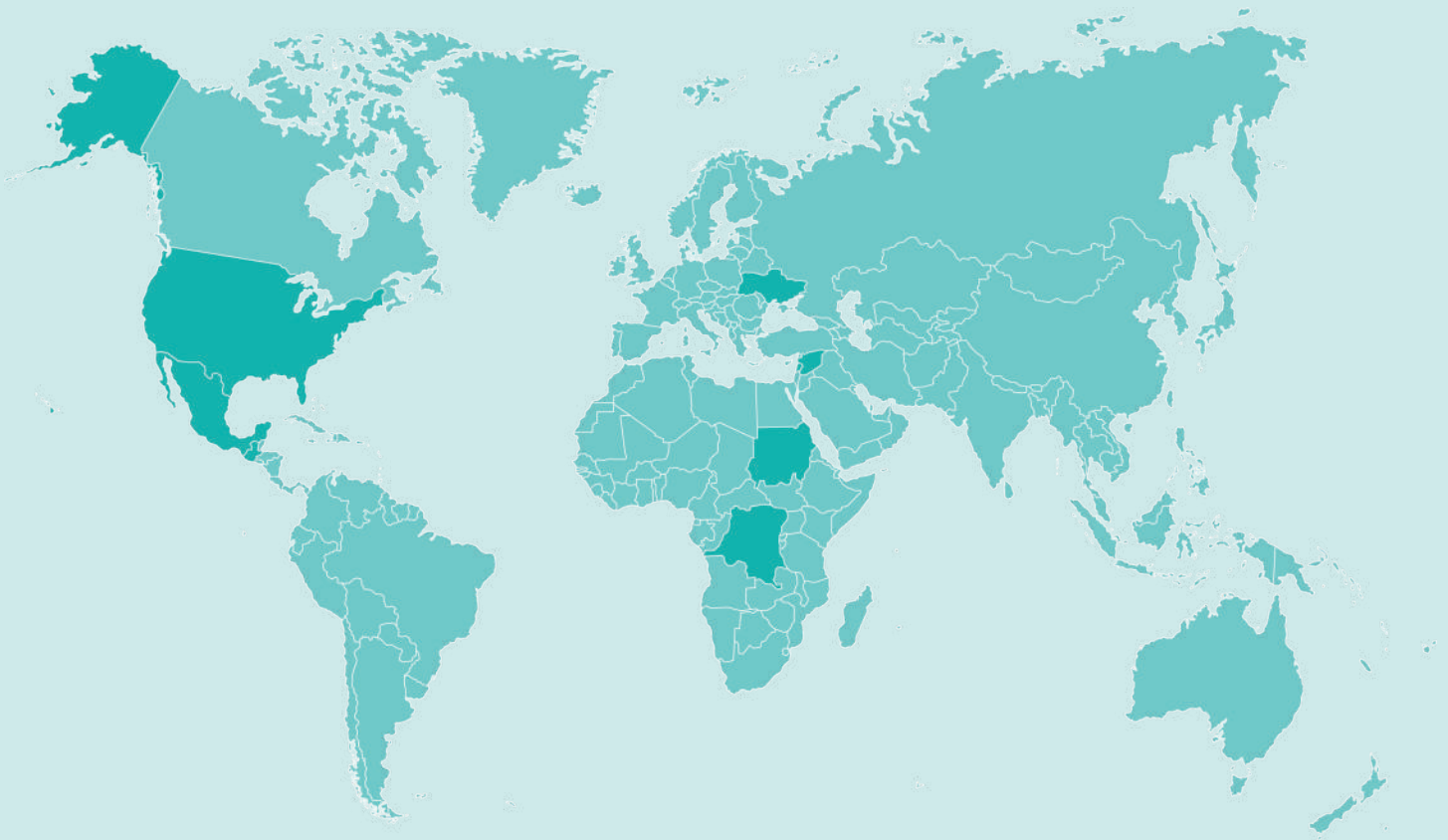
By working with trusted partners, we ensure fast, cost effective delivery of aid while leveraging their networks and infrastructure. At the same time, our programs offer ongoing support to struggling families, helping them meet basic needs and work toward a more stable future.

WHY IT MATTERS

When disaster strikes, every minute counts. International Relief Teams' partnership model allows us to be both nimble in crisis response and dedicated to ongoing relief—ensuring that every dollar donated goes further and provides life-saving support where it's needed most.

Where We Worked in 2024

Since 1988, International Relief Teams has delivered hope and aid to 77 countries, providing more than \$723 million in life-saving support. In 2024, our mission remained unwavering—reaching families in crisis, restoring stability, and ensuring that help arrived where it was needed most.



Democratic Republic of the Congo (DRC) **Guatemala** **Lebanon** **Mexico**
Sudan **Syria** **Ukraine** **California** **Caribbean** **Florida** **Georgia**
North Carolina **South Carolina** **Tennessee** **Texas** **Virginia**

Democratic Republic of the Congo (DRC)

HUMANITARIAN NEED:

The Democratic Republic of the Congo (DRC) is facing one of the world's worst food crises, with nearly 25 million people struggling to access enough to eat. Ongoing conflict, displacement, and economic instability have left families without reliable sources of food, forcing many to survive on meager rations. Malnutrition is widespread, particularly among children, putting millions at risk of severe health complications. With supply chains disrupted and farming communities uprooted,

urgent humanitarian aid is critical to providing life-saving food assistance to those in desperate need.

OUR IMPACT:

19,875 individuals received

vital food staples that provided critical nourishment to women, children, and the elderly with disabilities in refugee camps during a time of crisis.



Guatemala

HUMANITARIAN NEED:

In Guatemala, limited healthcare access and widespread poverty leave many without the medicines they need to treat common illnesses and chronic conditions. Rural communities are especially vulnerable, with shortages of essential medications putting lives at risk. Without treatment, preventable diseases worsen, and families struggle to care for their loved ones.

OUR IMPACT:

205,510 men, women and children across **46 clinics**

were provided with essential medicines, ensuring they received the critical care needed to protect their health and well-being.



Lebanon

HUMANITARIAN NEED:

Lebanon's humanitarian crisis is growing more dire by the day. Food is scarce, healthcare systems are crumbling, and millions are being pushed to the brink of survival. Soaring inflation and economic collapse have left families unable to afford even the most basic necessities. For children, the elderly, and those with chronic illnesses, the stakes are even higher—without access to nutritious food and necessary medicine, their lives hang in the balance.



OUR IMPACT:

\$5.4 million

worth of medicines and medical supplies were provided to clinics throughout Lebanon.

2,400 families

displaced by war received fresh, locally grown produce through our sustainable hydroponics agriculture program, ensuring access to nutritious food despite ongoing hardship.

4,080 individuals

uprooted by the renewed conflict received life-sustaining support, including food parcels, hygiene kits, and mattresses—providing comfort and stability in the midst of the crisis.

MEXICO

Tijuana

HUMANITARIAN NEED:

In Tijuana, thousands of struggling families face a severe housing crisis, with many living in overcrowded shelters, makeshift homes, or on the streets. Economic hardship, displacement, and lack of affordable housing have left parents unable to provide safe, stable shelter for their children. Without a secure place to call home, families are vulnerable to extreme weather, violence, and poor living conditions that threaten their well-being.

OUR IMPACT:

35 people have a place to call home

Volunteer teams from International Relief Teams have provided safe and stable housing for individuals in Tijuana, offering them security and relief from unsafe living conditions. With a roof over their heads, these families now have a foundation to rebuild their lives and work toward a more stable future. See page 19 for more information about our efforts in Mexico.



MEXICO

Ensenada

HUMANITARIAN NEED:

In Mexico, poverty, violence, and family instability have left many children abused, abandoned, and forced to live on the streets. Without a home and proper care, these children face hunger, neglect, and limited opportunities for a stable future. Orphanages like Kids Kingdom provide a vital safety net, offering shelter, education, and emotional support to help these children rebuild their lives. See page 19 for more information about our efforts in Mexico.

OUR IMPACT:

48,180 meals served

to abandoned children helping them to grow, learn, and thrive.



MEXICO

San Quintin

HUMANITARIAN NEED:

In San Quintin, Baja California, Mexico, many families struggle with food insecurity due to low wages and limited access to fresh, nutritious food. Seasonal farm workers, who make up much of the population, often earn too little to consistently provide for their families. Sustainable food solutions—such as community gardens and nutrition programs—are essential to ensuring families have reliable access to nutritious food and better health.

OUR IMPACT:

742 individuals

received access to seeds, soil, tools, and training to grow their own fruits and vegetables, enhancing their nutrition and diversifying their diets for a healthier future.



Sudan

HUMANITARIAN NEED:

Sudan is enduring the world's largest and most dangerous humanitarian crisis, with nearly 25 million people—half the population—grappling with severe food insecurity. More than 8.7 million people are living in near-famine conditions.

Displaced families face severe food shortages, dwindling resources, and limited access to essential services. Disease outbreaks, including cholera and measles, are spreading in overcrowded camps for the internally displaced, making the need for aid more urgent than ever.

OUR IMPACT:

276,209 meals served

providing nourishment and comfort to families in crisis.



Syria

HUMANITARIAN NEED:

Years of conflict in Syria have left millions without access to food and medicine. Inflation and supply chain disruptions make even basic necessities unattainable, leaving children malnourished and families struggling to survive. With healthcare systems in collapse, preventable diseases spread unchecked. Urgent food aid and medical support are critical to easing suffering and offering hope.

OUR IMPACT:

1,146 families

received food vouchers, an impactful solution, allowing beneficiaries the ability to choose the essentials needed by their families.

87,845 people across 22 medical clinics

throughout Syria received medicines that were crucial for treating illnesses and managing chronic conditions.





AP Photo/Evgeniy Maloletka

Ukraine

HUMANITARIAN NEED:

Families displaced by the war experience difficulties accessing food. Relentless conflict and targeted attacks on the energy infrastructure have crippled food production, supply chains, and access to basic essentials leaving millions struggling to survive. Nearly 12.5 million people are food insecure, and one in three households cannot meet their basic nutritional needs. Skyrocketing prices and dwindling essentials make survival harder by the day.

With over 5 million people displaced and critical resources out of reach, the need for urgent food aid has never been more critical. **See page 17 for more information about our efforts in Ukraine.**

OUR IMPACT:

855,516 meals

distributed across seven regions in Ukraine, providing vital nourishment to struggling and displaced families.

USA

California, San Diego

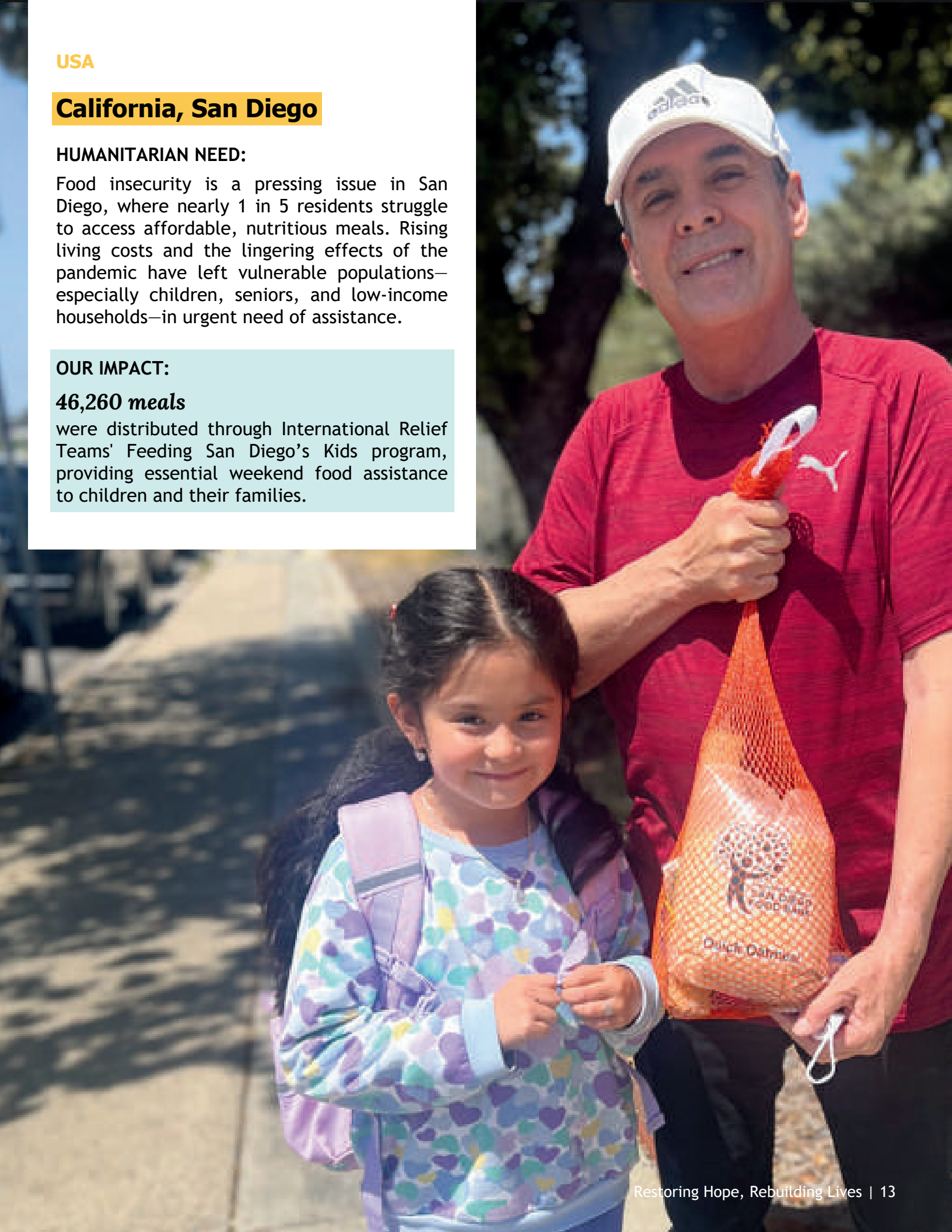
HUMANITARIAN NEED:

Food insecurity is a pressing issue in San Diego, where nearly 1 in 5 residents struggle to access affordable, nutritious meals. Rising living costs and the lingering effects of the pandemic have left vulnerable populations—especially children, seniors, and low-income households—in urgent need of assistance.

OUR IMPACT:

46,260 meals

were distributed through International Relief Teams' Feeding San Diego's Kids program, providing essential weekend food assistance to children and their families.



USA

California, Paradise

HUMANITARIAN NEED:

In 2018, the Camp Fire became the deadliest and most destructive wildfire in California's history, devastating the town of Paradise. The fire destroyed nearly 19,000 structures, displaced tens of thousands of residents, and claimed 85 lives. Years later, many families still struggled to rebuild, facing housing shortages and financial hardship.

OUR IMPACT:

33 homes repaired or rebuilt

International Relief Teams deployed skilled volunteers to rebuild and repair homes, helping families recover from the devastating wildfires. In 2024, our efforts concluded, having provided critical assistance to 104 people as they worked to rebuild their lives and regain stability.



AP Photo/Lucanus Ollivierre

USA

Hurricane Beryl

HUMANITARIAN NEED:

Hurricane Beryl, the earliest Category 5 hurricane ever recorded in the Atlantic, left a devastating path of destruction across the Caribbean and the United States. The storm claimed 64 lives and caused billions in infrastructure damage. In Texas, millions were left without power, crippling healthcare facilities and endangering those reliant on medical equipment.

OUR IMPACT:

8,200 people

affected by the hurricane were provided with food kits, clean water, temporary shelter, and building supplies following the storm.

Hurricanes Helene & Milton

HUMANITARIAN NEED:

Hurricane Helene made landfall on September 26. The Category 4 storm carved a 500-mile path of destruction, bringing severe winds, heavy rain, surges of 15-20 feet, and mass flooding. Helene caused 230 deaths, the third-highest number of fatalities from a hurricane in the United States since 2000. Some of the most serious damage was in North Carolina, where record-breaking flooding cut off entire communities leading to dangerous shortages of food, water, gas, and power.

Two weeks later, on October 9, Hurricane Milton made landfall in Florida as a dangerous Category 3 storm, devastating coastal communities already struggling to recover from previous storms.

OUR IMPACT:

55,997 individuals

across seven states including North Carolina received emergency assistance, crucial food supplies, and temporary shelter.

AP Photo/Kathy Kmonicek



STORIES FROM THE FIELD



STORIES FROM THE FIELD

Ukraine's Most Vulnerable Need Us Now

After three years of war, millions in Ukraine are struggling to survive. Homes, schools, and hospitals lie in ruins. Attacks on power grids and water systems have left entire communities without heat, electricity, or clean water in the dead of winter. Nearly 14.6 million people—one-third of the population—urgently need humanitarian aid. Food is scarce, and for the elderly, children, and people with disabilities, survival is even more precarious.

In the quiet village of Myrohoshcha, 120 residents with mental and physical disabilities call a local boarding school home. Life was already difficult, but the war has made it even harder. Power outages leave them in darkness, food supplies are unreliable, and even basic necessities feel out of reach. But in November 2024, relief arrived.

Thanks to our local partner, we delivered a generator for heat and light, food to fill empty stomachs, first-aid kits for urgent care, and sturdy shoes for protection. ***“The generator is a miracle for us,”*** said Mr. Oleksii, a staff member at the school. ***“These essentials make an enormous difference in their daily lives.”***

A volunteer who visited the school shared the impact firsthand: ***“The joy on their faces was unforgettable. A warm meal, a working light, a proper pair of shoes—things most of us take for granted—meant the world to them.”***

Your generosity reminds the people of Myrohoshcha that they are not forgotten. Even in the darkest times, they are not alone.



STORIES FROM THE FIELD

Life-Saving Medicine for Families in Crisis

In many parts of the world, basic healthcare is a luxury. For children suffering from preventable illnesses, essential medicines—like antibiotics, fever reducers, and treatments for diabetes and hypertension—can mean the difference between life and death. Yet, in countries devastated by conflict, economic collapse, and extreme poverty, these life-saving treatments remain scarce.

Through International Relief Teams' *Medicines for Children* program and a partner in Syria, we are bridging this gap—ensuring that essential medicines reach those who need them most. Across Guatemala, Lebanon, and Syria, we are equipping hospitals and clinics with critical supplies.

For Sebastiana, a mother and grandmother in Chichicastenango, Guatemala, this program was life changing. *"I was very sick—with fever and body aches—on top of my diabetes and high blood pressure. I could never afford the medicine on my own, but the clinic provided it for free. I am very grateful."*

From treating bacterial infections in Lebanon to delivering critical diabetic medications in Guatemala, our shipments bring direct relief to families with nowhere else to turn. In Syria, where hospitals struggle under the weight of war, life-saving medicines are reaching the children who need them most.

For families like Sebastiana's, access to medicine means more than treatment—it means hope, dignity, and a chance for a healthier future.



STORIES FROM THE FIELD

Building Hope: Nourishing Futures in Mexico

For years, International Relief Teams has been a lifeline for vulnerable families in Baja California, providing food, shelter, and opportunities for a better future.

Estrella arrived at Kids Kingdom at just 11 years old with her 5-year-old twin brothers. Their home life had been unstable, violent, and they often had to fend for themselves. When a crisis at home led the police to intervene, the children were brought to Kids Kingdom, where they finally found safety and stability.

"I miss my mom, but I know we are here for our own good. Here, I feel protected, safe, and well cared for," Estrella shares.

Before Kids Kingdom, she had never attended school and couldn't read or write. With support, she finished primary school in just three years, earned academic awards, and now dreams of becoming a kindergarten teacher.



María and Luis left their hometowns for a better life but found only hardship. Their home—a fragile wooden frame with a canvas roof—offered little protection from the cold, and their dirt floor made every night colder.

"We dream of a better house, mainly to prevent our daughter from suffering during the cold and rain," María shared. *"We can handle it, but she can't."*

Low wages made building a secure home impossible. But thanks to International Relief Teams' volunteers, their family now has a sturdy home, protecting their daughter and giving them a fresh start.

Financials

Fiscal year: July 1, 2023 - June 30, 2024

Support and Revenue

| | |
|---|------------------------|
| Cash Support | \$3,710,164.00 |
| Non-Cash Support | \$46,334,423.00 |
| <hr/> | |
| Total Public Support & Revenue | \$50,044,587.00 |

Expenses

| | |
|------------------------------|------------------------|
| Disaster Response | \$1,154,235.00 |
| Building Healthy Communities | \$47,529,923.00 |
| Administrative | \$628,256.00 |
| Fundraising | \$535,843.00 |
| <hr/> | |
| Total Expenses | \$49,848,257.00 |

Net Assets

| | |
|----------------------------|-----------------------|
| Without Donor Restrictions | \$6,066,093.00 |
| With Donor Restrictions | \$1,082,779.00 |
| <hr/> | |
| Total Net Assets | \$7,148,872.00 |





OUR PARTNERS

Anera
Concern Worldwide
Chinle Chapter, Navajo Nation
Friends of Kids Kingdom
Hope Crisis Response Network (HCRN)
MAP International
North Carolina Baptists on Mission
Project Mercy
San Diego Unified School District
Save the Syrian Children
Vine International
Witness As Ministry (WAM)

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OUR TEAM

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Paula Kelly, Ph.D.

Major Gifts Officer

Catalina Arenas

Financial Manager

Hector J. Vivero

Chief Programs Officer

Marilyn Sethi

Operations and Outreach
Coordinator

Vanessa Segura

Development Data
Associate

Robin Page

Operations Assistant

YOUR COMPASSION IN ACTION:

What **You** Made Possible

Because of your generosity, families facing crisis received the urgent relief they needed. From life-saving medicines to food, shelter, and other essential supplies, your support made a direct impact when it mattered most. Behind every number is a life changed. Thank you for being part of this incredible effort.

Here's a look at the overall impact you made this year:



\$2.7 Million in aid delivered.



1,000,000 meals were provided.



513,215 individuals served globally.



\$46 Million in medicines and medical supplies distributed.



157,174 people received emergency food.



144,549 disaster victims helped.



365 people received shelter assistance.





www.irteams.org


3545 Camino del Rio S., Suite A
San Diego, CA 92108
(619) 284-7979



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emergency relief to families in crisis.

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